

# FIBERWORKS - THE FLYING NEEDLE

November 2015

319-352-5464

Vol. 23 No. 1

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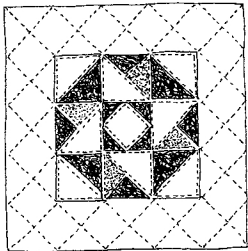
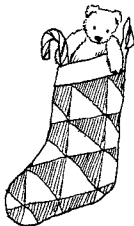
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**Christmas Open House:** Join us on Sunday, Nov 22<sup>nd</sup> from 12-4:00 for our kick off of the holiday season. With purchase get a free Christmas cross stitch pattern with a charm while supplies last. All ribbon style yarn will be ½ off and I will give you a free lesson in how to use it to knit a scarf if you don't know how. Makes a nice quick and easy gift!

**Wish Lists:** Be sure to fill out a wish list of things you'd like to add to your stitching stash when you are in next time. We will give you a card to give to your family/friends to tell them to come and check them out at Fiberworks. Gift certificates are also great to get from us for you to choose your own items. For those who procrastinate, we have the "**Last Minute Hustle**": (Dec 19-24). Anyone who buys something off your wish list will get 20% off and free gift wrapping service!

**Fill The Stocking:** From Nov 20 – Dec 1 we will have a box for customers to put in a gift item to be given to the Wartburg Holiday Shoppe for needy families. Anyone who donates is eligible to receive 20% off one yard of quilting fabric.



**December Quilting Fabric Sale:** From Dec 1- 19 all quilting fabric will be 25% off and those bolts that are already marked to 40% off will go to half off during this time. A great time to stock up so we don't have so many folds to count for the upcoming inventory.

**Holiday Hours:** We will be closed on November 26, December 25 and 26 and January 1 and 2. We will also be closing at 3:00 on November 25, December 24 and December 31. Please have a blessed holiday, whatever you celebrate.

**Row By Row pattern and kit:** Our Friendly Froggy row pattern and kit are now on our web site and available for purchase there and in the store while they last. Remember the kit includes the pattern, buttons for embellishment, ribbon for frog's tongue and the fabric for the front. The green strips for the lily pads are cut to the correct width and just need to be crosscut. It makes a nice size for a table runner if you don't want all your rows in a quilt. The next Row by Row Experience will have a theme of "Home Sweet Home" and will start on June 21 running until the day after Labor Day.

## TECHNIQUE TIP: Sore Fingers

When you quilt, do you have a problem with sore fingers from needle pricks? Or do your threads snag on your rough skin? Here are some tips: Try to quilt regularly so you form a callous on the tip. Use a thimble on the third finger of each hand. Wash your dishes using rubber gloves. Soaking hands in bathtub or swimming pool will also soften your callouses. Use surgical tape, a small piece of black electrical tape or paper tape (get at drug store) on fingers that are under the quilt. You can also cut the tips off old leather gloves to use on your fingers. Alternate which finger you use underneath. Use a bit of Mycitracin on sore fingers at bedtime and they will feel better the next day. You can also soak fingers in Listerine mouthwash for a couple of minutes twice a day and smooth out the rough places with an emery board. (Listerine and white vinegar, 1 cup each, in 2-3 cups of warm water makes a great exfoliation soak for feet, too) Use a thimble to push the needle and rubber finger cots to pull it through. Alternate hand quilting with piecing or other activities to rest your fingers when they get sore or tired. Try not to leave a lot of quilting that has to be done at the last minute when you have a deadline – plan ahead. Soaking your fingers in chlorine bleach will make them tough. Using alum (also available at the drug store) on fingers will toughen your callouses. Use a leather thimble with a large metal guard on your thumb in addition to the thimble on your index finger. New Skin used on your fingers will act like a liquid band-aid. The best thing you can do is drink lots of water to keep from getting dry skin in the first place. When hands are dry they are most susceptible to injury and take longer to heal. Try Gloves in a Bottle (found at Fiberworks) to keep hands from getting rough, especially during the winter. This product does not leave an oily residue so you can stitch right after you apply it. Wear gloves in the winter so your hands don't get chapped. These tips come from various people who have found they work for them.

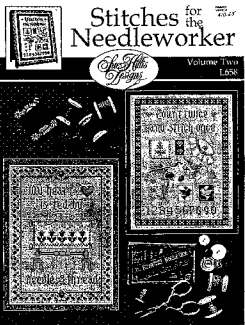
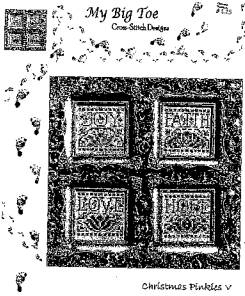
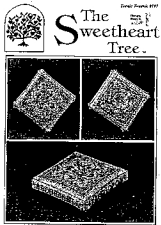
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## Small Business Saturday – Nov 28:

Get a nice canvas tote with a purchase of \$25.00 or more to commemorate this day, while supplies last. Remember to **Shop Local** to keep your favorite businesses alive and well!

WHAT'S NEW! -

**Kits:** Mill Hill - Jim Shore Designs - Snowy Owl, Pinecone and Evergreen Snowmen; Greetings, Early Morning and Best Friends Santas; Lizzie Kate - A Little Coffee, Halloweenie, Inspiration Boxer - Gratitude; Sweetheart Tree - Blackwork Floral Biscornu Pincushion, Plumberry Sampler, Patriotic Heart Trio Sampler; Shepherd's Bush - Over the River, Flag Box, Pumpkin Box, Midnight Garden Stitching Tray, Reach, Joy to You; Roz Watnemo Designs - Hardanger Victorian Biscornu, Bookmarks 1-4, Huck Embroidery Towels Shades of Iris, Desert Sands, Tropical Seas. **Other Stuff:** Gingher - Wren scissors and matching fob; Keslyn - Laser Lace Ornaments: Scarlet, Lily, Mimosa, Mountain Meadow, Hyacinth, Bittersweet, Golden Rod, Iris, Wisteria, Columbine; Weeks Dye Works - Handdyed wool sets in 8" x 8" squares. **Fabric:** Exclusively Quilters - Scrap Happy, Emily's Artful Days (bright colors); Quilting Treasures - Tonka Trucks, Sassy (nice blue and yellow prints), Thimble Pleasures; David - Paw Patrol; Maywood - In Stitches; Red Rooster - Time to Stitch; Studio E - A Cat Tale; Henry Glass - Spots Perfect Day, Miss Kitty's Colors.



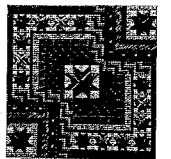
**QUILTING: Quilt in a Day:** Holiday Wreath and Tree; **Handcrafts by Jennifer:** Road Trip Quilt (great one for those license plates you've collected.) **House of White Birches:** Bed Runners & More; **Ribbon Candy:** Winter Night, Autumn Evening, Summer Days.

**CROSS STITCH: Sweetheart Tree:** Itty Bitty Kitty Thanksgiving, Blackwork Fob, Celestial Circles Box Topper; **Dutch Treat Designs:** Merry Christmas; **Tiny Modernist:** Christmas Cuties; **Rosewood Manor:** Dreaming of Daisies, Beauteous Garden; **Heart in Hand:** Christmas Cheer, Double Up Nativity; **Stoney Creek:** The Night Before Christmas, Happily Ever After, Let It Snow Banner, Creepy Cuties, Christmas Banners III, Peace Snowfriends Banner; **The Needle's Notion:** Christmas Chalet; **Shepherd's Bush:** Slater's Stocking, O Little Town, Autumn Trifles; **Imagining:** Let's Believe, Let's Be Brave, Let's Play Sports; **Tempting Tangles:** Procrastination; **Lizzie Kate:** Grateful Thankful Blessed, Snow Story Flip-It Cold Hands, Warm Hearts, Snow Love, Flora McSampler 2015 Stocking; **Blackberry Lane:** Hollow Eve's Tree; **Blackbird Designs:** Bittersweet September, Basket of Cherries, Patchwork Pumpkins, Apple Orchard; **Victoria Sampler:** Gingerbread Scissor Keeper, A Stitcher's Heart, Mothers and Daughters, Valentine Cupcakes, Easter Egg Hunt Sampler, Loving Friends, Stitchin' Witches, Gingerbread Needlework Shop, Gingerbread Quilt Shop, Victorian Band Sampler; **Threadwork Primitives:** Halloween Menagerie Drum, Growing Love; **Mani di Donna:** Winter Days Sewing Basket, Quaker Sewing Box, Halloween and Christmas Scarecrows; **MTV:** My Dog Loves Christmas; **My Big Toe:** The Old Rugged Cross, Building Blocks - Heal, My Stitching and Me, Retirement Planning For God so Loveth; **Abby Rose Designs:** Love Peace Hope Tree, Plenty & Grace; **Homespun Elegance:** Witches Teaching Stitching; **Long Dog Samplers:** Merry Go Rounds; **Plum Street Samplers:** Blackberry House; **Foxwood Crossing:** First Noel. It's Halloween; **Hinzeit:** Spooky Alphabet; **Praiseworthy Stitches:** Seedy Pumpkin Cottage; **Trilogy:** Giggly Wiggles Snowmen and Penguins; **Sue Hill Designs:** Stitches for the Needleworker Vol 1 & 2, A Wintery Mix, Traveling Santa; **Lila's Studio:** Gathering Acorns; **Just Nan:** Gingerbread Reindeer Mouse, Tiny Christmas Biscornu; **Seba Designs:** Happy; **Stitchers' Village Designs:** Village Blooms; **The Drawn Thread:** Simply Autumn, Tangles Up in Boo, The Haunting; **Tree of Life Samplings:** Penny Harvest; **With Thy Needle & Thread:** Bobbing for Pumpkins, Thankful Grateful Blessed, Witches Night Out; **Primitive Needleworks:** Hallows Eve Dance; **Country Cottage:** Gingerbread Village 1 - Train; **Little House Needlework:** Fall Squared; **Stacy Nash Primitives:** Peacock in the Pumpkin Patch Pinkeep.

**OTHER: Canvas:** From Nancy's Needle - Field of Sunflowers, Autumn Medley, Cardinal Caper; **Needle Delights Originals** - Color Delights Americana, Tidbits. **Hardanger:** Satin Stitches - Shadow Play, Borders to Grow, Small Gifts; Hardanger Carpaca - Fobmania 2. **Blackwork:** Elizabeth Almond - Shooting Star; Brodeuse Bressane - Xmas Tree of Stars.



Color Delights - Americana



Happy Stitching!

Karol

Have a Happy New Year!

## SIT AND STITCH – COME AND JOIN US!

"Sit and Stitch" will "officially" be on November 19<sup>th</sup>, December 17<sup>th</sup> (both earlier than usual because of the holidays and January 28<sup>th</sup> from 5-8. During this time you can come to the shop and work on whatever project needs the most attention. If you need any assistance or have questions how to do things, I can help you with those as well. We have some friends that want to stitch together more than once a month and often come in on other Thursdays of the month that they are free. All are welcome.

Thank you to **Lizzie Kate** and **Rainbow Gallery** for sharing their complimentary designs.

**CLASSES:** If you would like to learn some specific technique or work on a specific project, let me know. We will schedule a custom class at your time choice and expertise level.

These are some of the classes we have offered before: counted cross-stitch, beyond cross-stitch which would include adding specialty stitches, stamped cross-stitch/embroidery, canvaswork - needlepoint, hardanger, pulled thread, drawn thread, bargello, petite point on silk gauze, knotted work, smocking, temari balls, knitting, crochet, duplicate stitch, myreshka drawn work, tatting, bridge stitching (darning stitch), beadwork (peyote, herringbone, right angle weave, square stitch, brick stitch), huck embroidery (Swedish weaving), Brazilian embroidery, silk ribbon embroidery, punch needle, locker hook, stumpwork, blackwork, beginning piecing for quilting, paper piecing for quilting, fusible applique, crazy quilts, bargello quilts, felt applique, free lace for scarves/shawls, framing and mounting tips, finishing pillows, finishing standups, finishing in a box shape, tassels, etuis, stitch notebooks. Just let me know your pleasure.

# SPARKLING SNOWMAN®

A Pam Miller Design for

*Rainbow Gallery*

## MATERIALS

10 Ct. Pewter Tula 9" x 10" (Courtesy of Zweigart)

○ Crystal Braid CR01-White Pearl

+ Fyre Werks® Soft Sheen FT3-Pumpkin

■ Fyre Werks® Soft Sheen FT6-Brite Christmas Red

● Fyre Werks® Soft Sheen FT13-Charcoal

x Fyre Werks® Soft Sheen FT 17-Delft Blue

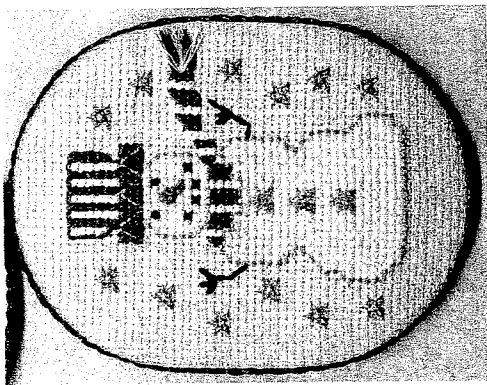
# Petite Sparkle Rays PS21-White

## Back Stitch

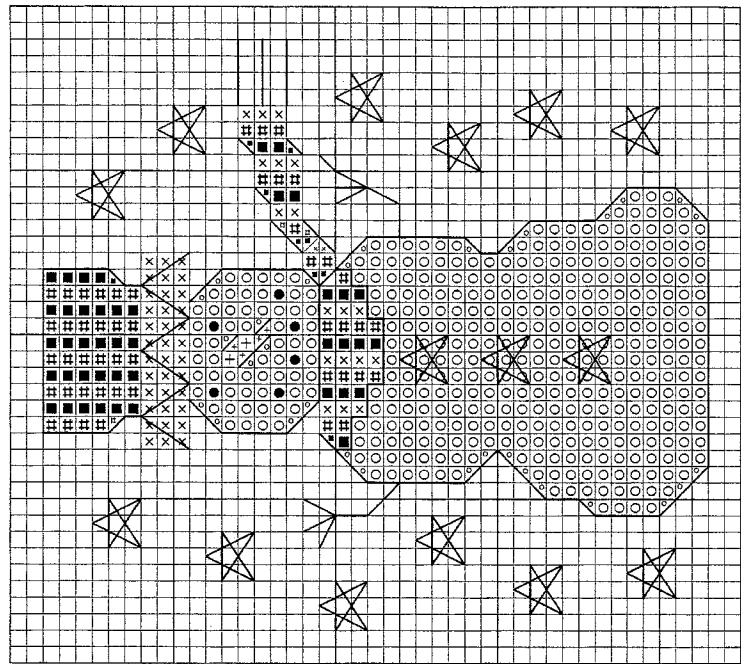
Crystal Braid CR10-Smoke Grey Pearl

Fyre Werks® Soft Sheen FT2-Chocolate

Nordic Gold ND1-Pale Gold



3 1/2" x 4"



1. Cross Stitch according to the chart. For small symbols on snowman do only a 1/4 stitch. You will complete the "3/4" stitch when you back stitch with CR10. The 3/4 stitches on the scarf and hat are stitched as usual.
2. Back stitch around all of the snowman's head and body with CR10. Also back stitch along the scarf where it touches the head and body with CR10.
3. Back stitch around top of hat in FT6, arms in FT2.
4. Stitch star "buttons" on snowman with 2 strands ND1. Remaining stars and trim on hat are stitched in 1 strand of ND1.
5. For the red, white, and blue fringe, secure thread and pull to the front and unravel or back stitch.

# NEWSLETTER SUBSCRIPTION REMINDER:

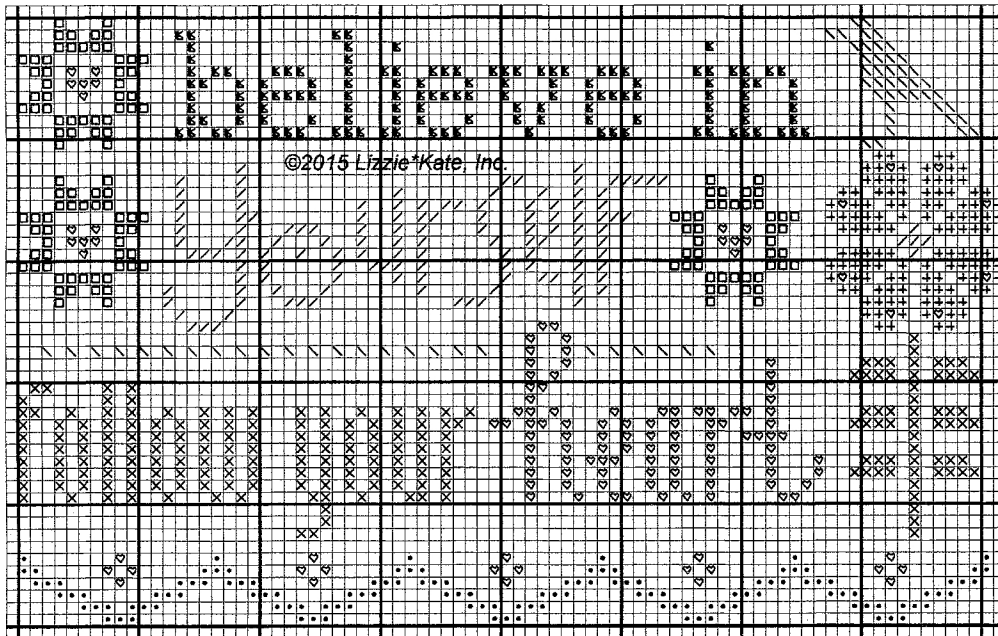
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**Fiberworks**  
**108 E Bremer Ave**  
**Waverly, IA 50677**

**Christmas Open House**  
**Sunday, November 22, 12-4**

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## 3 Little Words Contest Winners

These are the 2 sayings that won our recent online contest to submit your favorite 3 Little Words inspiration sayings. Enjoy this graph by itself, or add it to other 3 Little Words Flip-its to create your own inspiration stitchery...in just 3 Little Words!

Symbol	Overdyed Thread	DMC
♥	boysenberry CC	3803
□	bright leaf WDW	435
/	chestnut WDW	898
⊞	deep sea WDW	930
•	grits WDW	3865
+	Madison Rose WDW	3354
×	Oscar WDW	730
⧻	verdigris WDW	3816

WDW Weeks Dye Works - CC Classic Colorworks

*Lizzie★Kate*

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