

# FIBERWORKS - THE FLYING NEEDLE

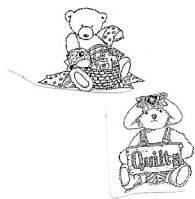
March-April 2016

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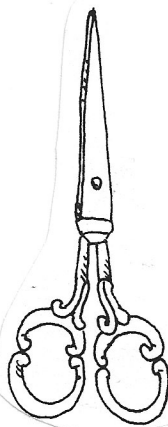
## Love to Shop Hop Trail: will be here soon.

The seven participating shops are getting ready for your visits. Pick up a passport or print your own off of our web site, get it filled with stamps and turn it in at the last stop for a great bundle of springy tone-on-tone fat quarters plus a pattern that uses fats. Starts Thursday, April 14<sup>th</sup> through Saturday, April 16<sup>th</sup>. Bring all your friends and we'll see you soon. Don't miss it!

**Block Stock Hop:** Still on through April 30<sup>th</sup>. Each participating shop will offer a free quilt block pattern with a purchase. Setting patterns may be found on the Block Stock web site – [blockstock.net](http://blockstock.net). We do have a few fabric kits available if you'd like to use our choice of fabrics to make the block. Remember to sign up for the door prize drawing worth \$75.00 when you are in. Follow the hop on their facebook page - just search for blockstock.

## May 17-21 is 20% off scissors and fobs:

Prices cut on all in-stock scissors and fobs this week. Get one for each "in progress" project so you have a pair handy when you need one.

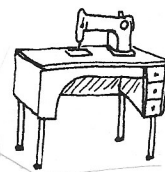
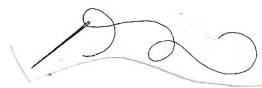


**June 1-30 All Iowa Shop Hop:** Mark your calendar for this event. Special limited edition fabric designed by Debbie Mumm should be arriving soon and Jennifer is working on some cute patterns to use it with. More information in the May edition.



**Row By Row will be starting on June 21<sup>st</sup>:** We will have a new row for the Home Sweet Home theme and a new saying on our license plate. More later...

Thanks to **Rainbow Gallery's Ruth Dilts and Crosse Stitchery & MSF** for sharing patterns for this newsletter. One year at market several designers made buildings that might be found around a town square. The first one will be the cross stitch shop with more to come in future newsletters.



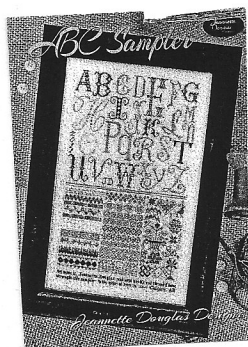
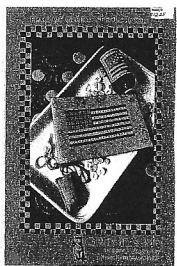
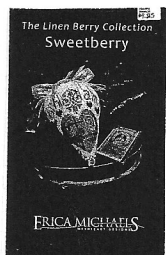
## TECHNIQUE TIP: Machine Quilting Tips

You can do quilting on your own sewing machine. Keep reading for some tips. Set up an area for your quilting. A table to the left or behind your machine will help hold the quilt as you sew. An ironing board works, too, and can be adjusted so it is the correct height. If the quilt drags on the support table, tape a garbage bag over the top of the surface. Some people like to stand when they quilt so the kitchen island works great for them. If you don't have an adjustable chair you can adjust the height of your sewing table with books or scraps of wood so it is a comfortable height for you. Experiment to see what doesn't strain your back and shoulders. Good lighting is important in any stitching venture. If you work in the daytime, use as much natural light as possible. Evening work calls for a good light source. There should be room on the right rear of your machine for a directable lamp or overhead lighting. A daylight LED bulb is easier on your eyes, gives correct color values and doesn't get hot like an incandescent bulb. Be sure your machine is clean of lint, dirt or oil before you start. A bit of automotive paste wax on the area in front of the feed dogs (the bars of teeth that pull the fabric under the needle) can help the material to glide under the needle easier. Buff with a soft cloth. Increase the length of your stitches from 12 to 10 per inch. You are going through more layers than when you pieced and you don't want to bury them. After your quilt is basted, roll the backing over any batting along the edges and pin to the front so batting doesn't snag on things. Baste fairly close together so you don't get a shifty backside. A pair of curved embroidery scissors is good to trim threads close to the surface without cutting your fabric. If you have a large quilt, pleat rather than roll it up so make it more flexible to move around. Latex gloves or rubber fingertip covers help you get a grip on your project when doing free-motion quilting (done with the feed dogs lowered and a darning foot). Unless you are pressed for time, space out quilting sessions so you don't tire or strain your body from sitting in one position for an extended time period. Always pull the bobbin thread to the top of the quilt when you start a new area of stitching so it doesn't get tangled and sewn over on the backside. You may have to adjust the pressure on the presser foot when doing free motion quilting. Look in your owner's manual under darning. If you do machine guided quilting, a walking foot helps to feed all layers under the needle at the same rate. An extension table that fits around the bed of a portable machine will help give you more area to handle the weight and bulk of a quilt. Learn to move your quilt at a consistent pace with how fast the needle is moving. And remember practice makes increased skill so don't expect perfection if this is a first try.

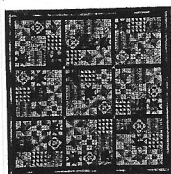
WHAT'S NEW! -

**Kits:** Heart in Hand - Collector's Heart 2016, Woodland Peace, Black & White Spring Sampler; Lizzie Kate - A Little Baby, Love Summer, Red White & Blue, Farm Fob, Hello Spring, Selfie Sampler, Boxer Life is Better; Janlynn - Sewing Ornaments; Sweetheart Tree - Pretty Pyramid #2 Spring Blossoms, Pretty Pyramid #3 Shamrocks Rock, Blackwork Needleroll; Mill Hill - Laurel Burch dog designs Goldie, Fur-ever Friends, Ol' Blue & Red, Dog Pyramid, Blooming Tails, Petunia & Rose; **Other Stuff:** Sullivans - Heirloom Scissor Pendant; Weeks Dye Works - four new floss colors Driftwood, Sandcastle, Peppercorn, Blackboard. **Fabric:** Exclusively Quilters - Barnyard Quilts; Quilting Treasures - Celestial Sol (sun and moon faces); Studio E - Culture Shock; Henry Glass - Birds N Bees; Benartex - Chromazone; Fabri-Quilt - Candy Canes, Santa & Reindeer, Snowmen, Christmas Village; Kanvas Studio - Christmas Candy Store.

Quilting: **Quilt Woman.com** - Humbug Bag



Sudoku Delight



Needle Delights Originals  
www.needledelights.com  
Designed by Evelyn Ross



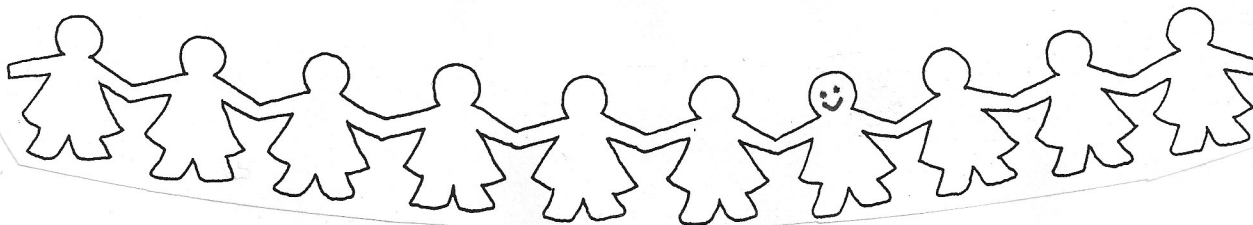
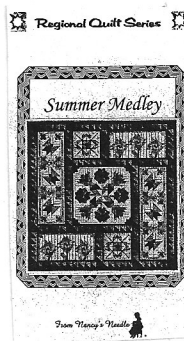
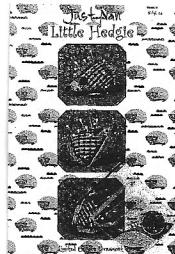
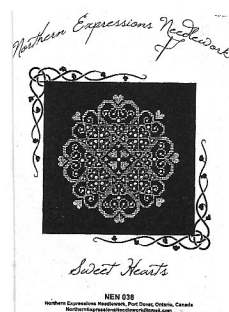
**CROSS STITCH:** **Amy Bruecken Designs:** Forever Friends; **Just Nan:** Pansy Ice Cube, Little Hedgeie, Spotted Hare Spring; **The Bee Company:** Cream Birdhouse; **Mirabilia:** Snow Queen; **Stoney Creek:** Silent Night Cardinals, Blizzard Buddies, Santa with Buttons; **Sweetheart Tree:** Needles & Pins, Graduation Sampler, Tiny Blackwork Floral Sampler; **Imagining:** Be You, Let's Bark; **Chessie & Me:** Gathering of Sheep, Flag of Glory Needlebook, Grant House 1865 Sampler; **Nikyscreations:** Quilt of the Season Winter, Quilt of the Season Spring, Tree Ornament Sheep, House of Halloween; **Blackberry Lane:** Freedom Tree; **Blackbird Designs:** Butterfly Garden, Home For the Holidays, Tender Heart Series - Stitch By Stitch, Pledge of Affection, My Heart is Home, Sweetheart Pocket; **Eric Michael's:** Sweet Berry, Quaker Berry, Sampler Berry, Brrrberry, Liberty & Justice, Just Believe, From the Lord; **Designs by Lisa:** Woodland Wonders; **Abby Rose Designs:** Heart of Hearts; **Homespun Elegance:** Bunnies & Berries, Sassy Feline, Fruit Pot; **Lila's Studio:** On Friendship, Spring is Here; **Plum Street Samplers:** Liberty's Welcome, Betsy's Tart, Summer in Nantucket, French Woolens; **Foxwood Crossing:** Morning Star Santa, River Road Church; **Ink Circles:** Flower Power, Tapestry, Oscar's Corsage; **Rosewood Manor:** Friendship Quilt, Just Peachy; **Glendon Place:** Carpe Noctis, Medley of Carols, Sno Pals; **My Big Toe:** Holy Holy Holy, Dogs (Cats) Leave Paw Prints, Friends are Family; **Cricket Collection:** January, February; **The Drawn Thread:** Simply Winter, Simply Spring; **With Thy Needle & Thread:** Blessings be Thine; **Hands On Designs:** Block Party Java, Buzz, Follow My Heart; **Country Cottage:** Gingerbread Village - Gingerbread House #3; **Little House Needlework:** Sing to the Lord; One More Stitch, Homestead Sampler; **Shepherd's Bush:** St. Patrick's Trifles, All Is Well; **Northern Expressions:** Sweet Hearts; **Elizabeth's Designs:** The English Sampler, Gentle Lamb Sampler; **Jeannette Douglas Designs:** ABC Sampler, Banner Occasion; ABC Pyn Roll & Bargello Sheep Needle Keep; **Praiseworthy Stitches:** Simple Gifts Grace.

**OTHER:** **Canvas:** From Nancy's Needle - Spring Medley, Summer Medley, Autumn Mums; Laura Perin Designs - Calico Stars; Needle Delights Originals - Color Delights - Eggplant, Sudoku Delight, Poppers.

The next On-line Needlework Show will be the 1<sup>st</sup> thru 3<sup>rd</sup> of April (opening and closing at midnight). The length of time it is open has shortened as you can see. If you want me to order anything for you after looking at the site please let me know as soon as you can so I can get it ordered, if I don't already have it in stock, before the show closes.

Happy Stitching!

Karol



## SIT AND STITCH – COME AND JOIN US!

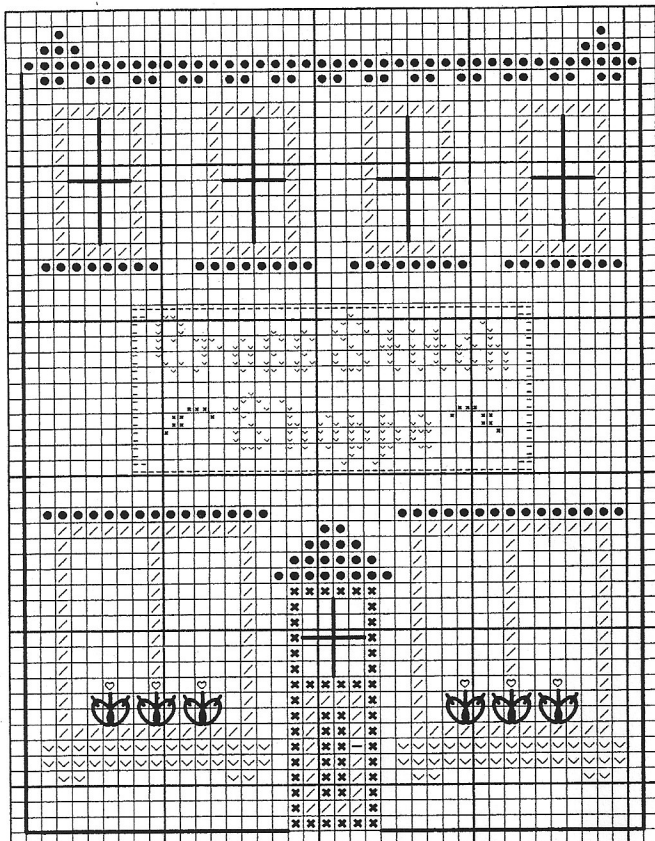


"Sit and Stitch" will "officially" be on April 28<sup>th</sup>, May 26<sup>th</sup> and June 23<sup>rd</sup> from 5-8. During this time you can come to the shop and work on whatever project needs the most attention. If you need any assistance or have questions on how to do things, I can help you with those as well. We have some friends that want to stitch together more than once a month and often come in on other Thursdays of the month that they are free. All are welcome.

**CLASSES:** If you would like to learn some specific technique or work on a specific project, let me know. We will schedule a custom class at your time choice and expertise level.

These are some of the classes we have offered before: counted cross-stitch, beyond cross-stitch which would include adding specialty stitches, stamped cross-stitch/embroidery, canvaswork - needlepoint, hardanger, pulled thread, drawn thread, bargello, petite point on silk gauze, knotted work, smocking, temari balls, knitting, crochet, duplicate stitch, myreshka drawn work, tatting, bridge stitching (darning stitch), beadwork (peyote, herringbone, right angle weave, square stitch, brick stitch), huck embroidery (Swedish weaving), Brazilian embroidery, silk ribbon embroidery, punch needle, locker hook, stumpwork, blackwork, beginning piecing for quilting, paper piecing for quilting, fusible applique, crazy quilts, bargello quilts, felt applique, free lace for scarves/shawls, framing and mounting tips, finishing pillows, finishing standups, finishing in a box shape, tassels, etuis, stitch notebooks. Just let me know your pleasure.

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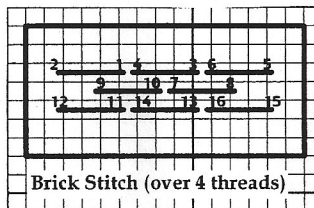
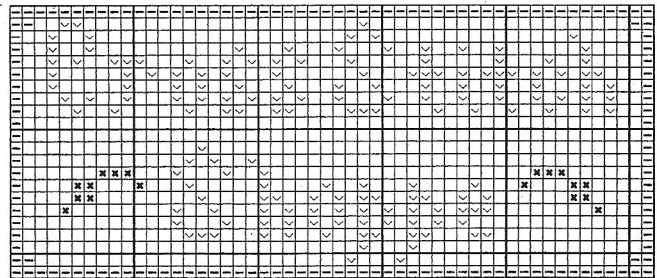


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### Townsquare Cross Stitch Shop

Symbol	Name
/	Lexington Green - Gentle Art
•	Mulberry - Gentle Art
—	Parchment - Gentle Art
<	Fawn - Weeks
×	Indian Summer - Weeks
◇	Seaweed - Weeks
◇	Button - JABC 344S.T



Model stitched on 28ct Flax linen  
from Norden Crafts,  
using 2 strands of floss  
unless otherwise indicated

Crosse Stitchery & MSF, LLC

205 Pearl Street

La Crosse, WI 54601

608-782-7008/888-907-7008

xsmf@aol.com

1. Long stitch window mullions using 2 strands Lexington Green
2. Use lazy daisy stitch to stitch flower leaves using 2 strands Seaweed.
3. Use cross stitch over 1 to stitch store sign. Refer to detail chart for colors.

Fill building w/ brick stitch  
Mulberry. Fill sign w/ Fawn.  
Side Mouldings frame TCG-1



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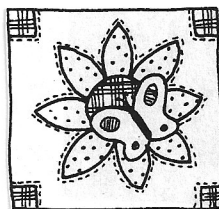
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**Fiberworks**  
**108 E Bremer Ave**  
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**Love to Shop Hop Trail**  
**April 14-16**

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## Quilt Square

A Ruth Dilts Design for Rainbow Gallery

### MATERIALS

- 6" x 6" — #14 mono canvas (White); #22 Tapestry needle; Stretcher bars to fit  
 1 card each of the following:  
 Mandarin Floss M824-Dark Wedgwood, M842-Straw, M851-Antique Violet, M852-Dark Violet, M883-Sage;  
 Rainbow Tweed RT61-Harvest Mauve; Heart Button from Just Another Button Co.-#3341
1. Find center of canvas, count up and over 8 canvas intersections. Stitch a 16x16 border in Tent Stitch with M883. Always use 6 strands of Mandarin Floss. Fill in center with Basketweave in M842. See Master Chart, color legend.
  2. Stitch a row of Smyrna Crosses (Diagram #1) in RT61 around entire center area.
  3. Continue with a row of Mosaic Stitch (Diagram #2) in M824; row of Rice Stitch, legs in M852, cross legs in M851 (Diagram #3); Scotch Stitch (Diagram #4) in Rainbow Tweed (4 strands).
  4. Put heart in center of square. See picture.

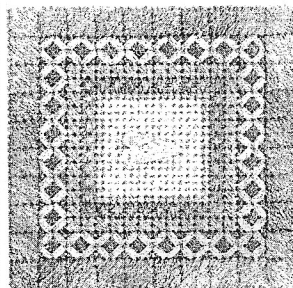


Diagram #2  
Mosaic Stitch



Diagram #1  
Smyrna Cross

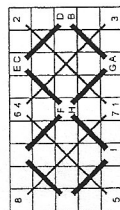


Diagram #3  
Giant Rice Stitch

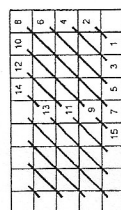


Diagram #4  
Scotch Stitch

